

To: All Members of the Health and
Wellbeing Board

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8 July 2026

Your contact is: Nicky Simpson - Committee Services

NOTICE OF MEETING - HEALTH AND WELLBEING BOARD 16 JULY 2026

A meeting of the Health and Wellbeing Board will be held on **Thursday, 16 July 2026 at 2.15 pm** in the **Large Hall, Whitley Wood Community Centre**, 28-35 Lexington Grove, Reading RG2 8UG**. The Agenda for the meeting is set out below.

- *Please note that the Chair will be leading a short walkabout of the local area before the meeting. If you would like to join this, please meet at the Centre at 1.45pm for leaving at 1.50pm and returning by 2.05pm – the formal meeting of the Board will start at 2.15pm after the walkabout has returned.*

AGENDA

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1. WELCOME & BRIEF SUMMARY OF THE AREA

The Chair, Councillor Rachel Eden, will give a brief summary of the area for the Board members.

2. APOLOGIES & DECLARATIONS OF INTEREST

3. MINUTES OF THE MEETING HELD ON 18 MARCH 2026

5 - 9

4. QUESTIONS

Consideration of formally submitted questions from members of the public or Councillors under Standing Order 36. Submissions should be emailed to committee.services@reading.gov.uk and must be received no later than 12noon, four clear working days before the meeting.

5. PETITIONS

Consideration of any petitions submitted under Standing Order 36 in relation to matters falling within the Board's Powers & Duties which have been emailed to committee.services@reading.gov.uk and received no later than four clear working days before the meeting.

6. REVIEW OF THE JOINT STRATEGIC NEEDS ASSESSMENT (JSNA) 11 - 48

A report on the results of a review of the Joint Strategic Needs Assessment and proposing next steps to improve and strengthen the JSNA.

7. WHOLE SYSTEM APPROACH TO HEALTHY WEIGHT STRATEGY AND IMPLEMENTATION PLAN 2026-2036 49 - 110

A report presenting the Reading Whole System Healthy Weight Strategy for 2026-2036, the proposed governance arrangements and the Implementation Plan for the initial phase of delivery, 2026-28.

8. BEST START FAMILY HUB AND BEST START IN LIFE DELIVERY PLAN 111 - 152

A report providing a strategic overview of the Best Start Family Hub and Best Start in Life (BSIL) delivery model and expected outcomes to improve early years development and reduce inequalities across Reading.

9. HEALTHWATCH READING ANNUAL REPORT 2025/26 153 - 204

A report presenting Healthwatch Reading's Annual Report for 2025/26, giving details of the work carried out by Healthwatch Reading in 2025/26.

INFORMATION ONLY REPORTS

10. INTEGRATION UPDATE 205 - 270

A report giving an update on the Integration Programme and performance of Reading against the national Better Care Fund targets, as well as the Community Wellness Outreach programme and the South East Neighbourhood Accelerator programme.

**** Getting to the Meeting Venue – The Whitley Wood Community Centre**

The meeting will be held in the Large Hall at Whitley Wood Community Centre, 28-35 Lexington Grove, Reading RG2 8UG (see location map overleaf)

- *The nearest bus route is number 6 – the bus stop is called Farmers Close, and is on Swallowfield Drive, near Lexington Grove (not the bus stop called Whitley Wood Community Centre)*
- *There is a car park next to the centre, shared with residents*

If you have any questions about access, please contact Nicky Simpson – contact details above

Whitley Wood Community Centre location map

